## ZION LAND ACADEMY

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## **Discipline Policy**

Discipline is to be positive. It is not punishment. It is a way to help children learn to identify socially acceptable behavior.

We want to help the children to grow emotionally as well as intellectually, We want them to succeed, to feel good about themselves and to be able to express their feelings in a positive and constructive way.

Limits and rules are clearly defined, consistent with and in accord with the appropriate development and age of each child, and the program in general. We focus on reinforcement of acceptable behavior, and prevention of undesirable behavior. We focus on being responsive to the needs of the children.

Methods of correcting inappropriate behavior:

Redirect the activities of the child - Change the focus of the child's behavior

Give the child individual attention - Help the child deal with the particular situation

Quiet Time – Quiet time is to be used as a last resort when disciplining any child who is misbehaving. Give the child a few minutes away from the activity in order for the child to gain self-control. Quiet time is to be appropriate for the child's age (1 minute per age). The child should not be left unsupervised.

Respond to good behavior - Let the child know he/she has been behaving well. Praise the child. Let the child know you approve of what they are doing.

The child shall not be isolated without supervision, nor shall with holding food or attention. No child shall be subject to corporal punishment, emotional neglect,

abusive language, ridicule, or any behavior that intimidates frightens, or endangers the child or his/her self-image.

No child shall be disciplined for failing to eat, sleep, or for soiling themselves.

No child is to be hit, slapped, pushed, shoved, or excessively yelled to, or denied food or drink by a member of staff or parents. If you find that a child may be beyond your control at any time, report the situation to your immediate supervisor or director. It is not your position to degrade or verbally demean a child. Our objective is to always try to get the child to understand that their behavior is not going to be tolerated. The purpose of discipline is to teach the child a lesson not to punish.

- 1. There shall be no hitting, putting children in corners, toilet area, making a child stand on one foot, withholding active play, making them stay silent for long periods of time, or hold heavy objects.
- 2. There shall be no abusive language such as cursing, name calling, no ridicule (such as labeling, calling a child stupid, retarded, or belittling them).
- 3. There shall be no frightening treatment or situations, for example, a child left without supervision, jerking, or shaking a child, or carrying a weapon (such as a stick, a belt, or a ruler).
- 4. Discipline should not be associated regarding test, toilet training, or withholding food.
- 5. No child should be made to cry through punching, yelling, scolding, or other emotional response to them.